

# Growing in Christ

January 14 - March 10



# Session 1: Beholding & Becoming



And we all, with unveiled face, beholding the glory of the Lord, are being **transformed into the same image** from one degree of glory to another.

**2 Cor 3:17**



# Session 2: Idols of the Heart





# **Session 3: The Gospel and Growth**



**“Just be a branch!”**



**ELECTION**





**JUSTIFICATION**



**ADOPTION**



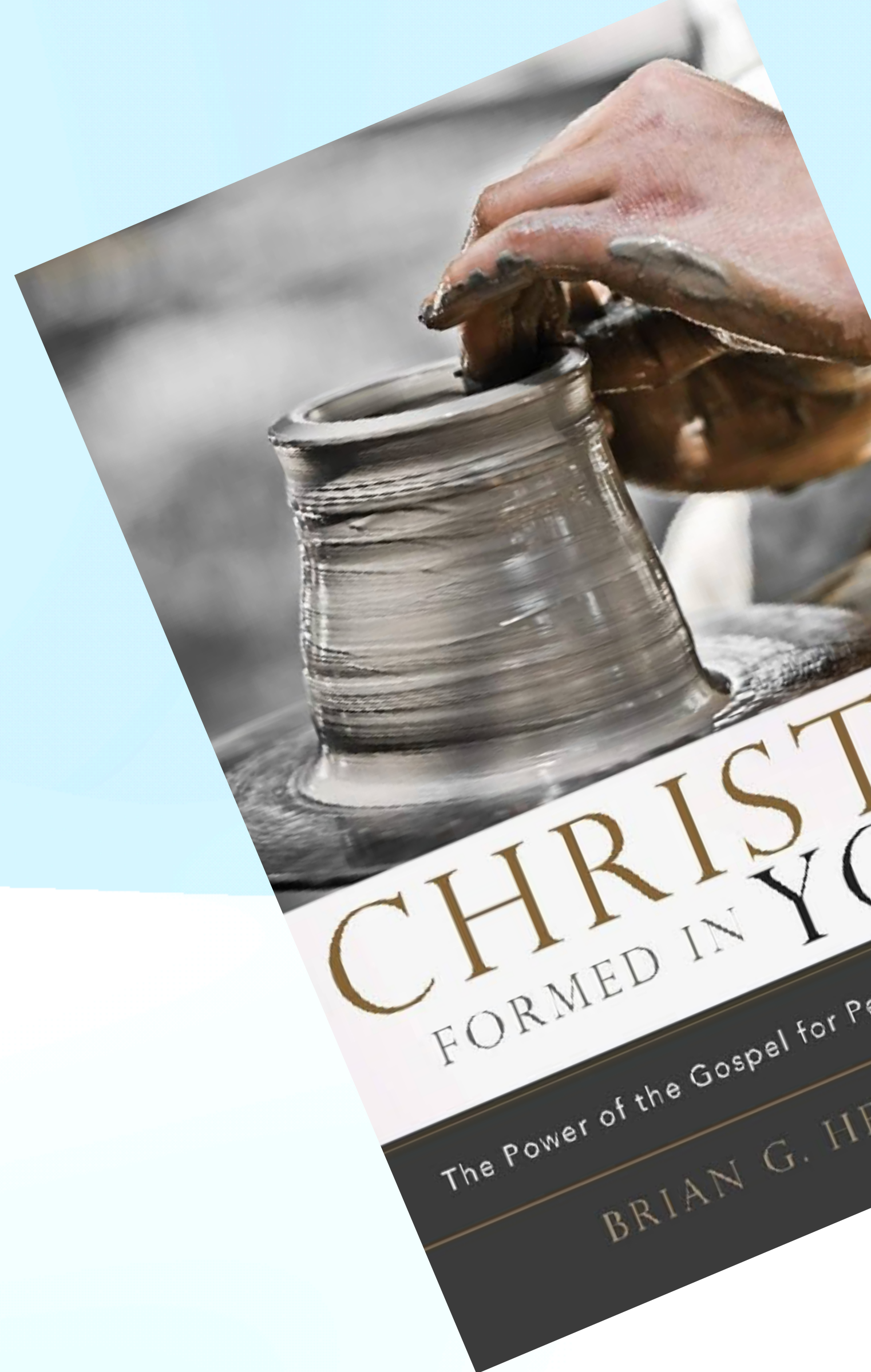
**TRANSFORMATION**

What shall we say then? Are we to continue in sin that grace may abound? By no means!

***How can we who died to sin still live in it?...***

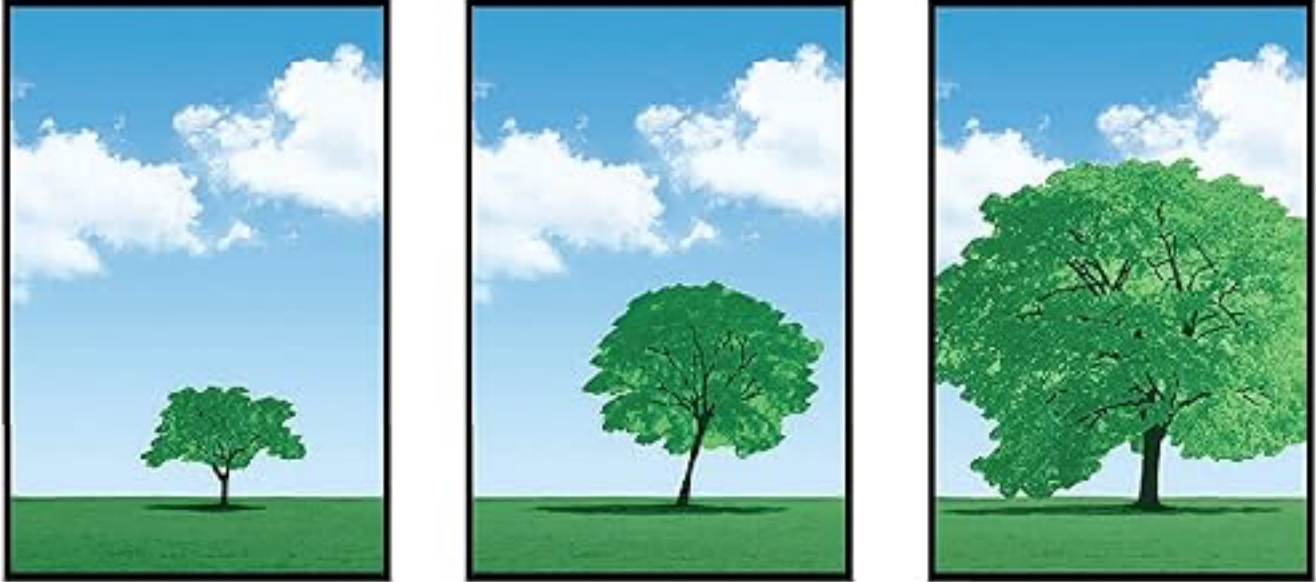
We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

**Romans 6:1-2, 4**

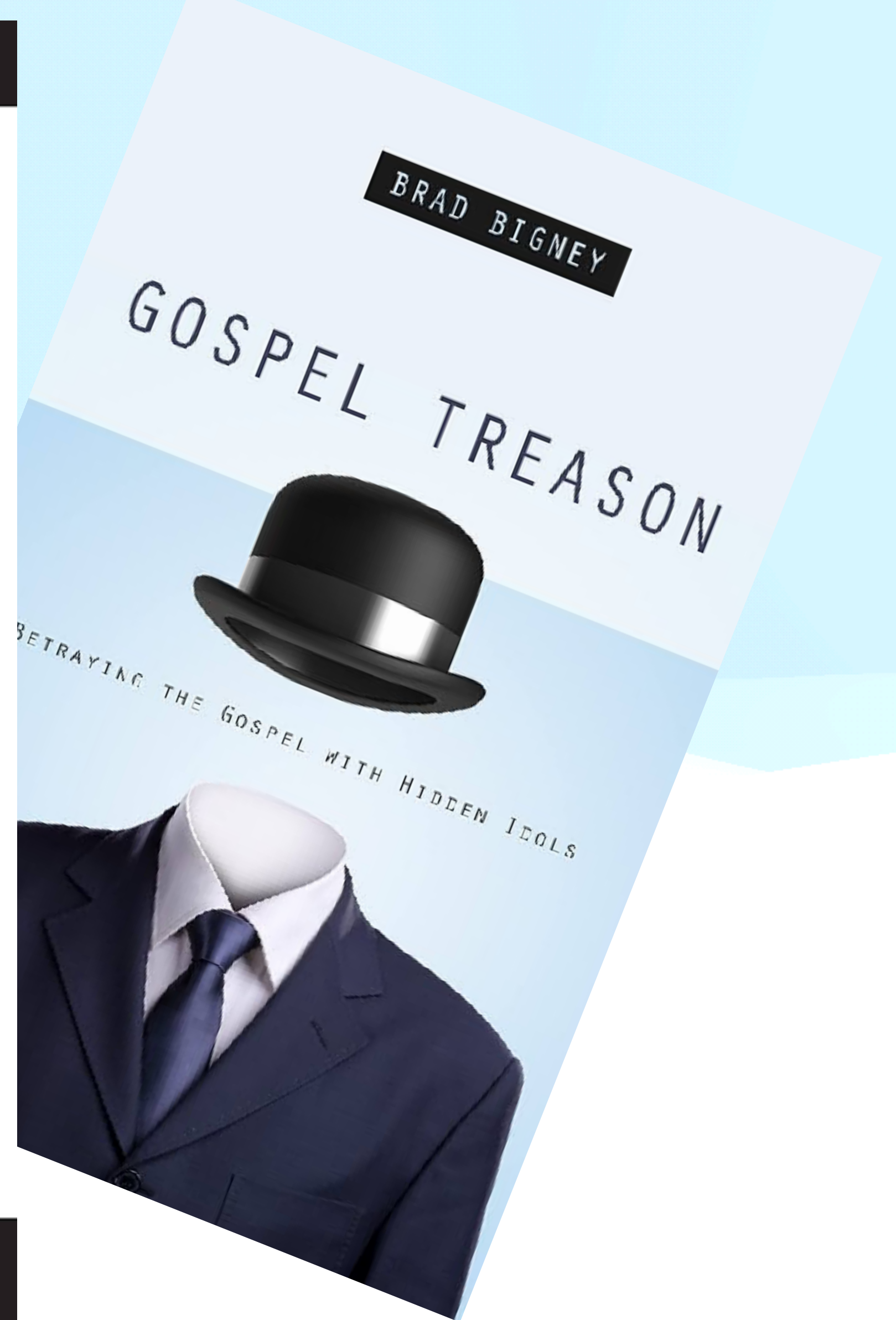


OVER 100,000 SOLD  
ECPA BRONZE AWARD

how people change



Timothy S. Lane | Paul David Tripp

A central graphic with a white background. At the top is an orange circular seal with the text 'OVER 100,000 SOLD' and 'ECPA BRONZE AWARD'. Below the seal is the title 'how people change'. Underneath the title are three vertical panels, each showing a green tree on a green field under a blue sky with white clouds. The first panel shows a small sapling, the second shows a medium-sized tree, and the third shows a large, mature tree. At the bottom of the graphic is a black horizontal bar with the authors' names 'Timothy S. Lane | Paul David Tripp' in white text.

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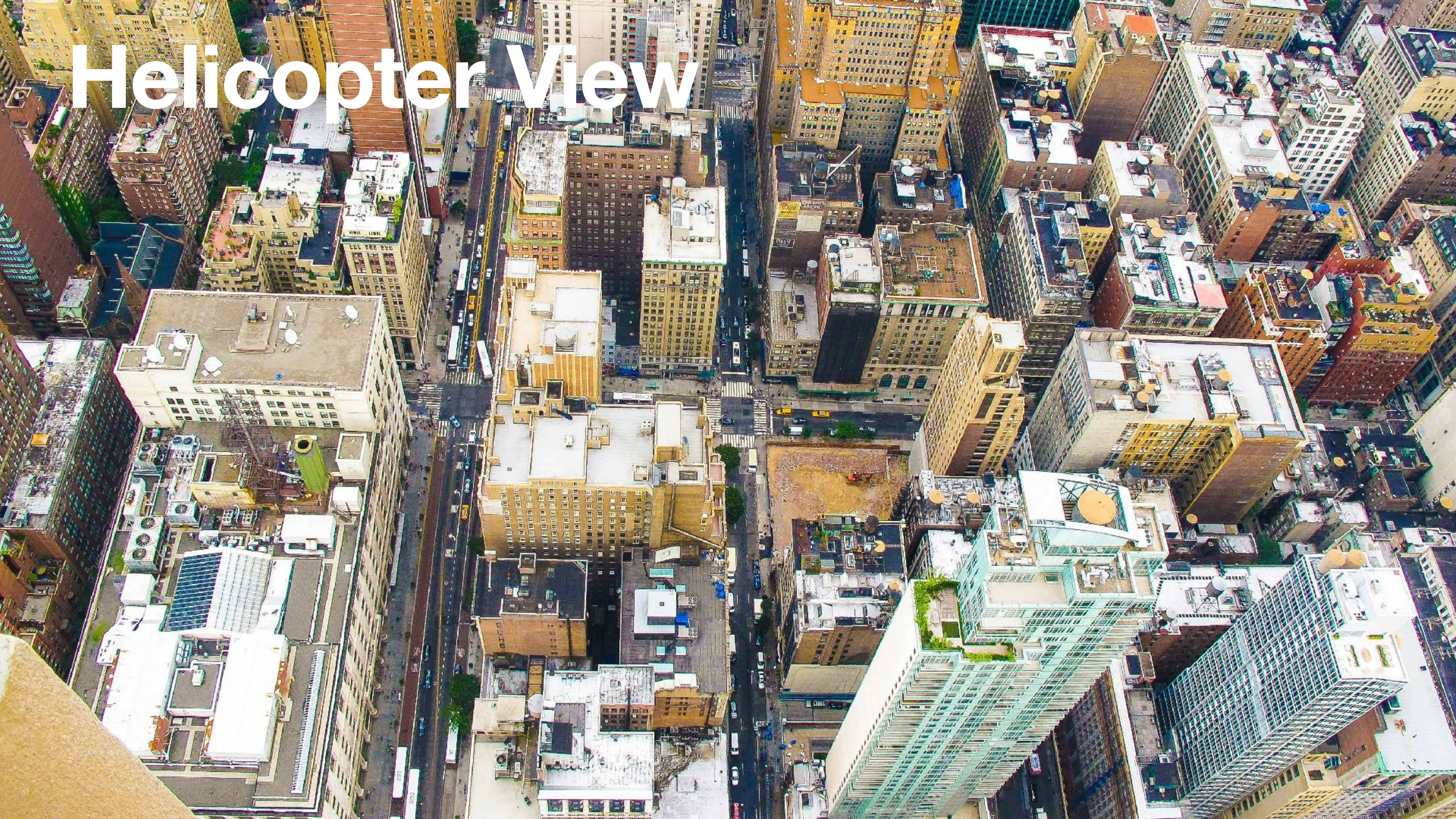
# Street-Level Problems



# Street-Level Solutions

How-to?

# Helicopter View







# Helicopter Solutions

**Why?**



# Example: Angry Husband

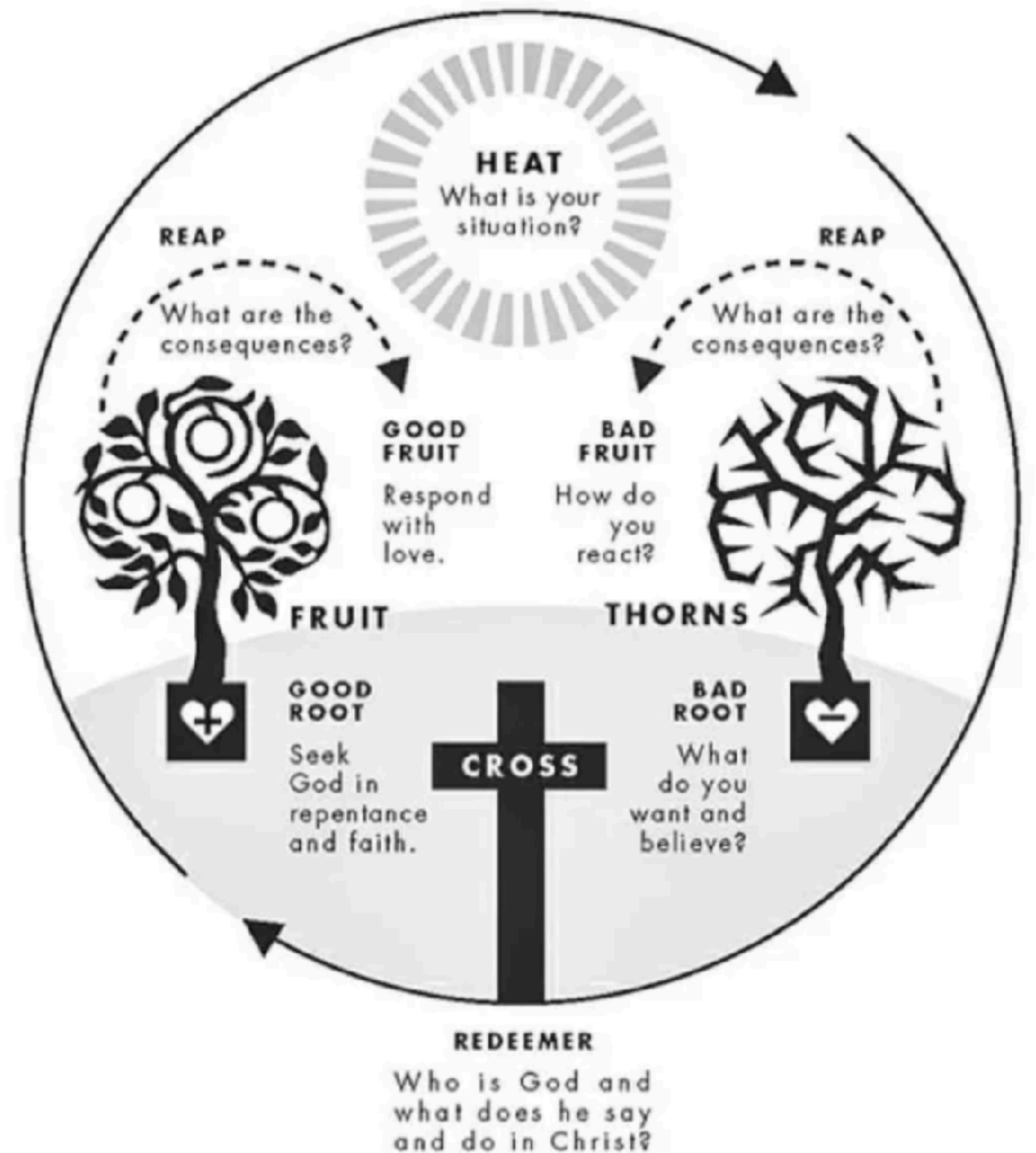
- Street-Level Solutions
- Helicopter Solutions



# Session 4: Heat and Thorns

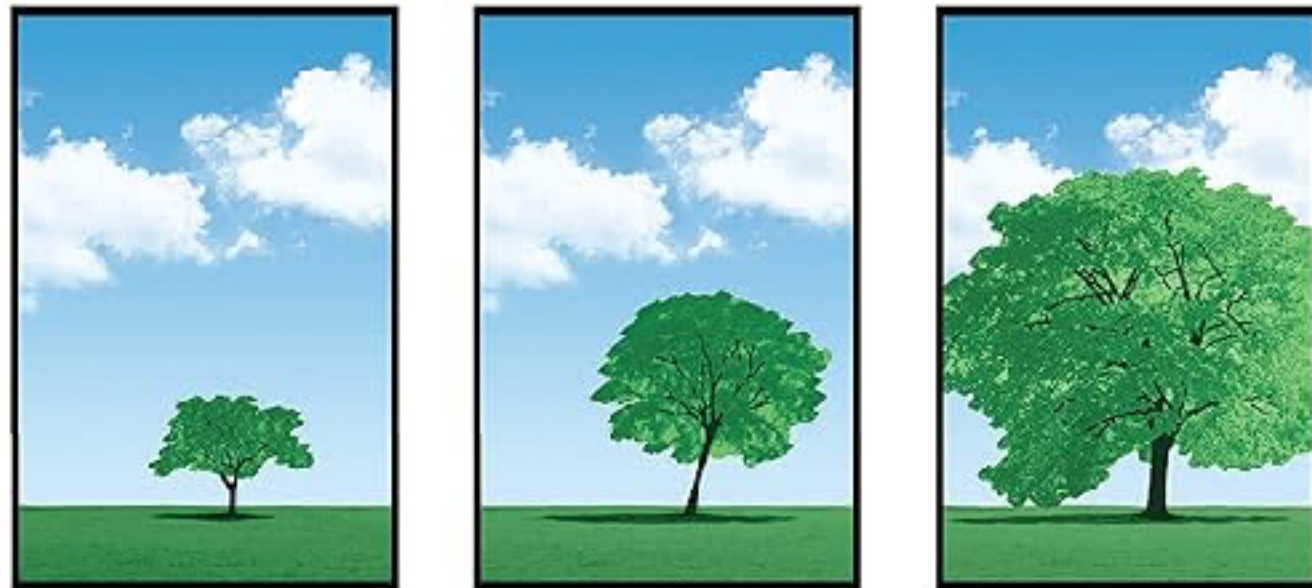
# 1. Process of Change Overview

## Three Trees Diagram

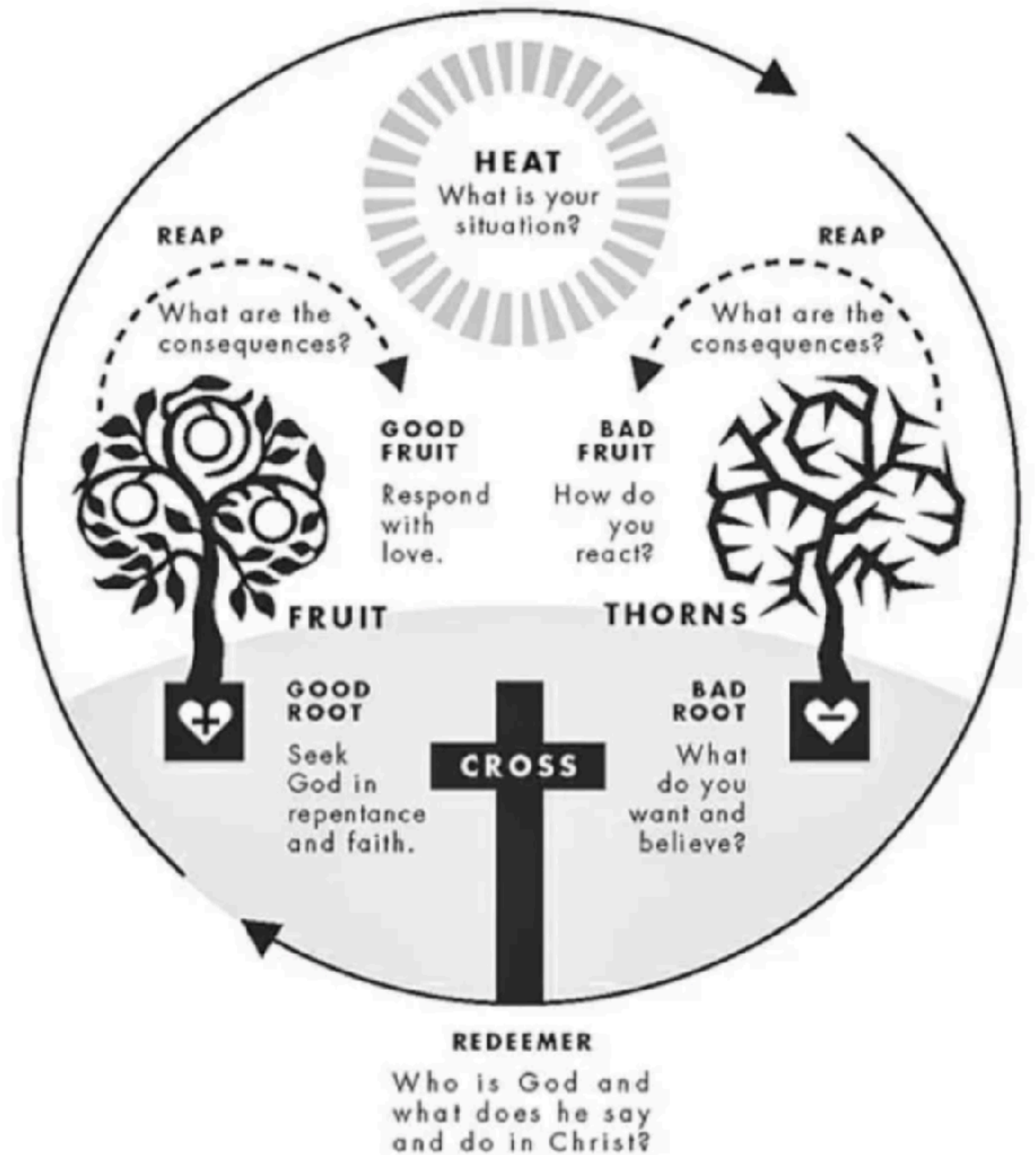




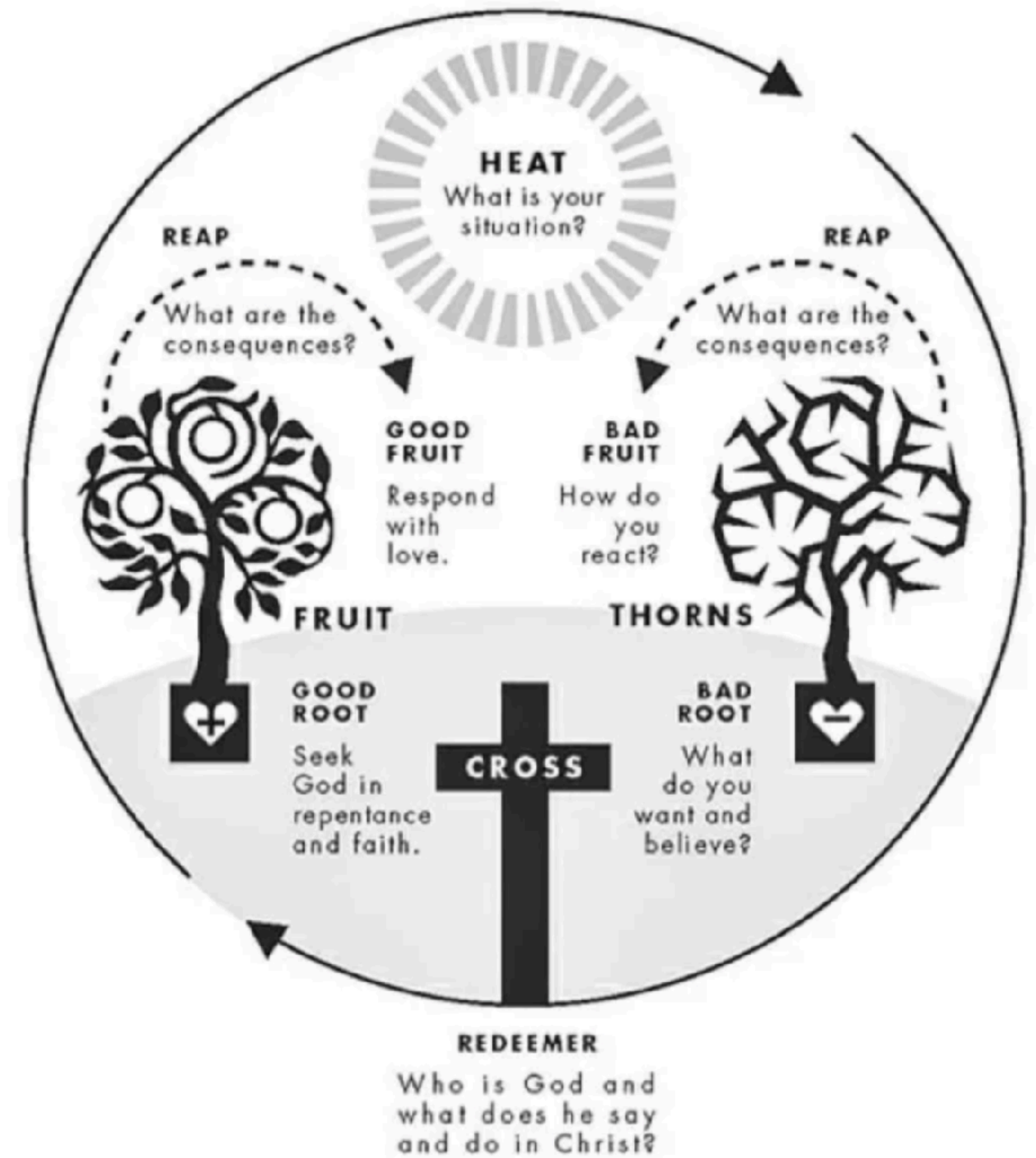
# how people change



Timothy S. Lane | Paul David Tripp

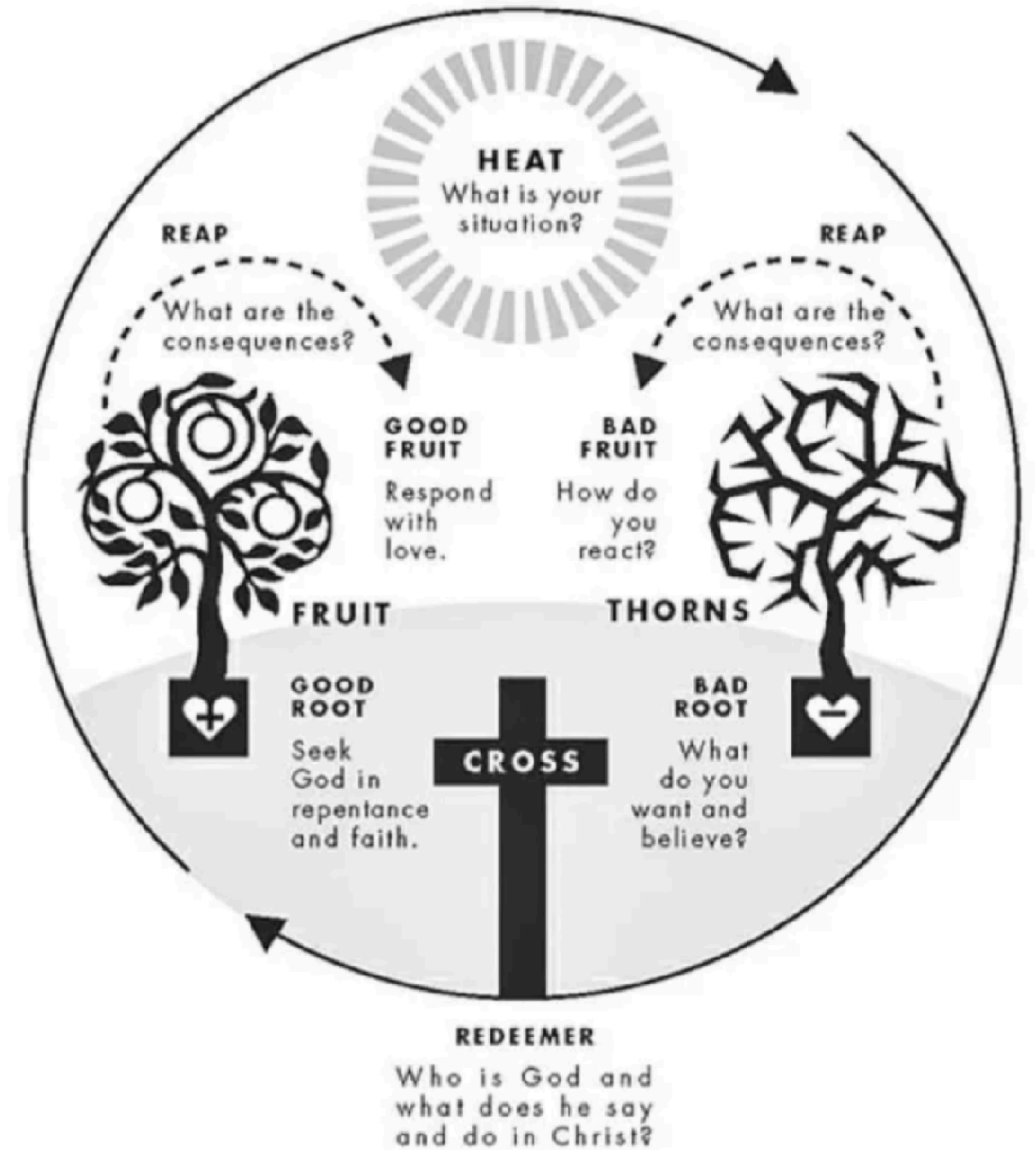


“For no good tree bears bad fruit, nor again does a bad tree bear good fruit, for each tree is known by its own fruit. For figs are not gathered from thorn bushes, nor are grapes picked from a bramble bush.”



**Luke 6:43-45**

*“The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.”*



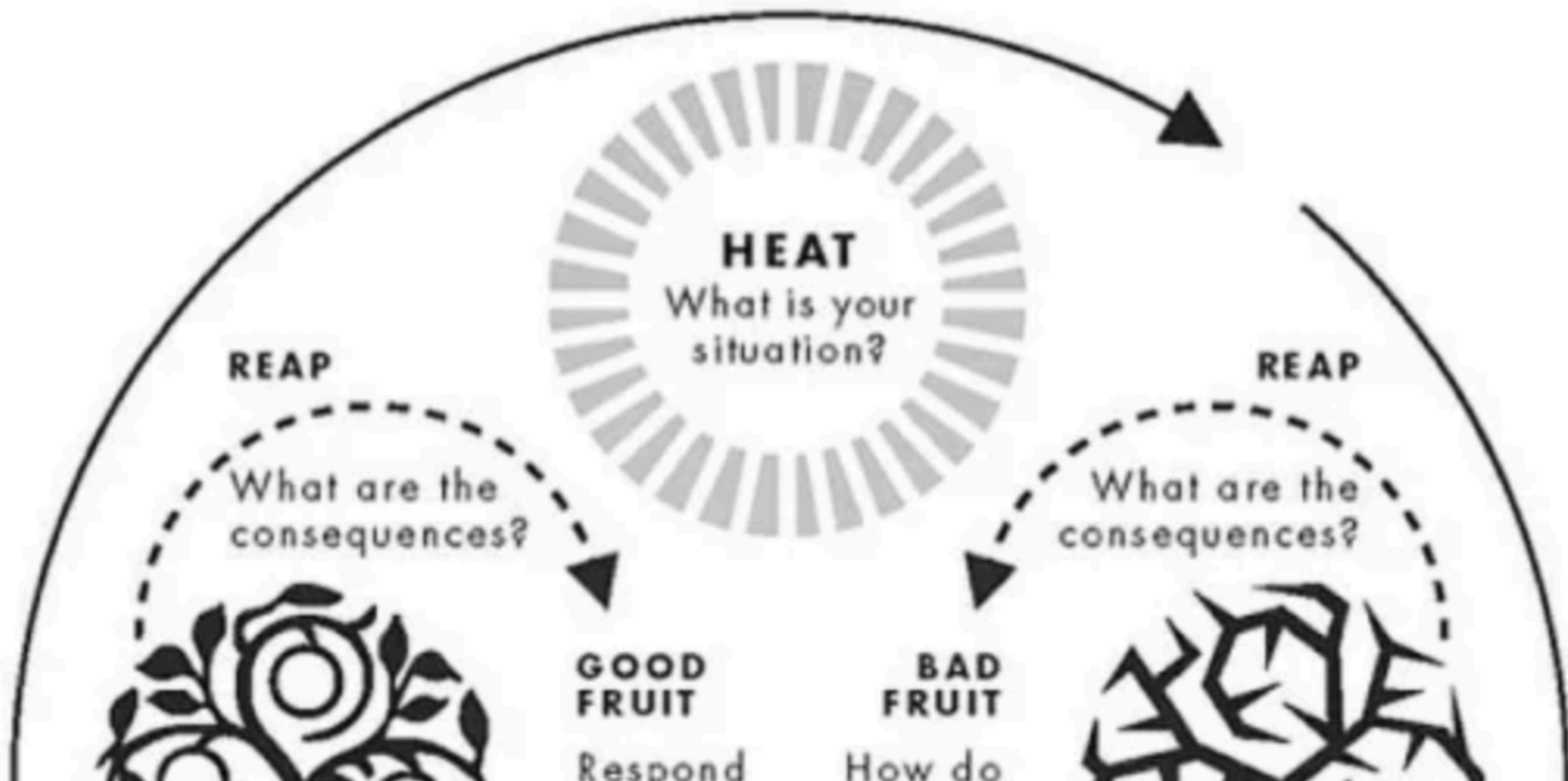
**Luke 6:43-45**

Why is there  
liquid on the  
floor?



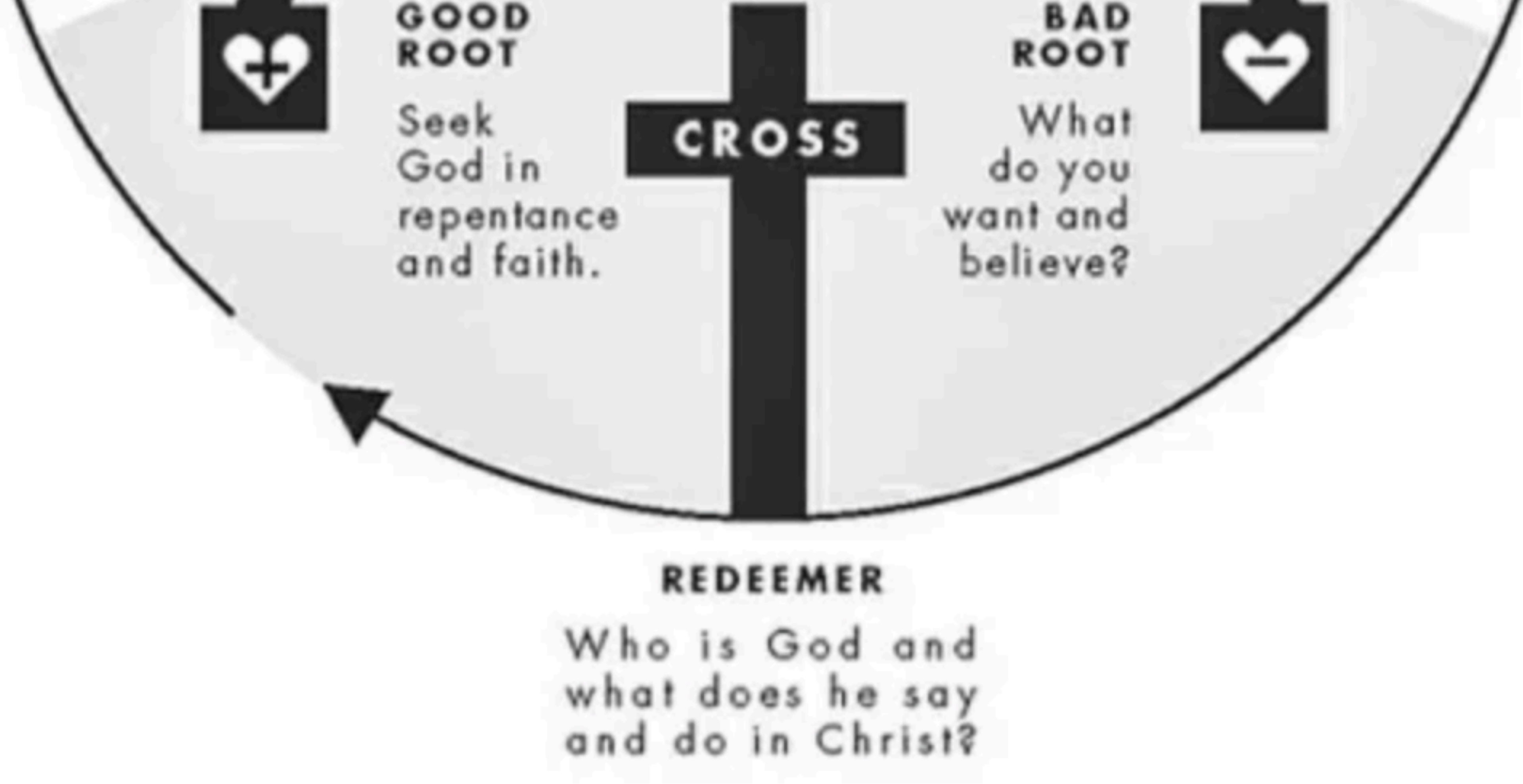


# Heat: What is your situation?





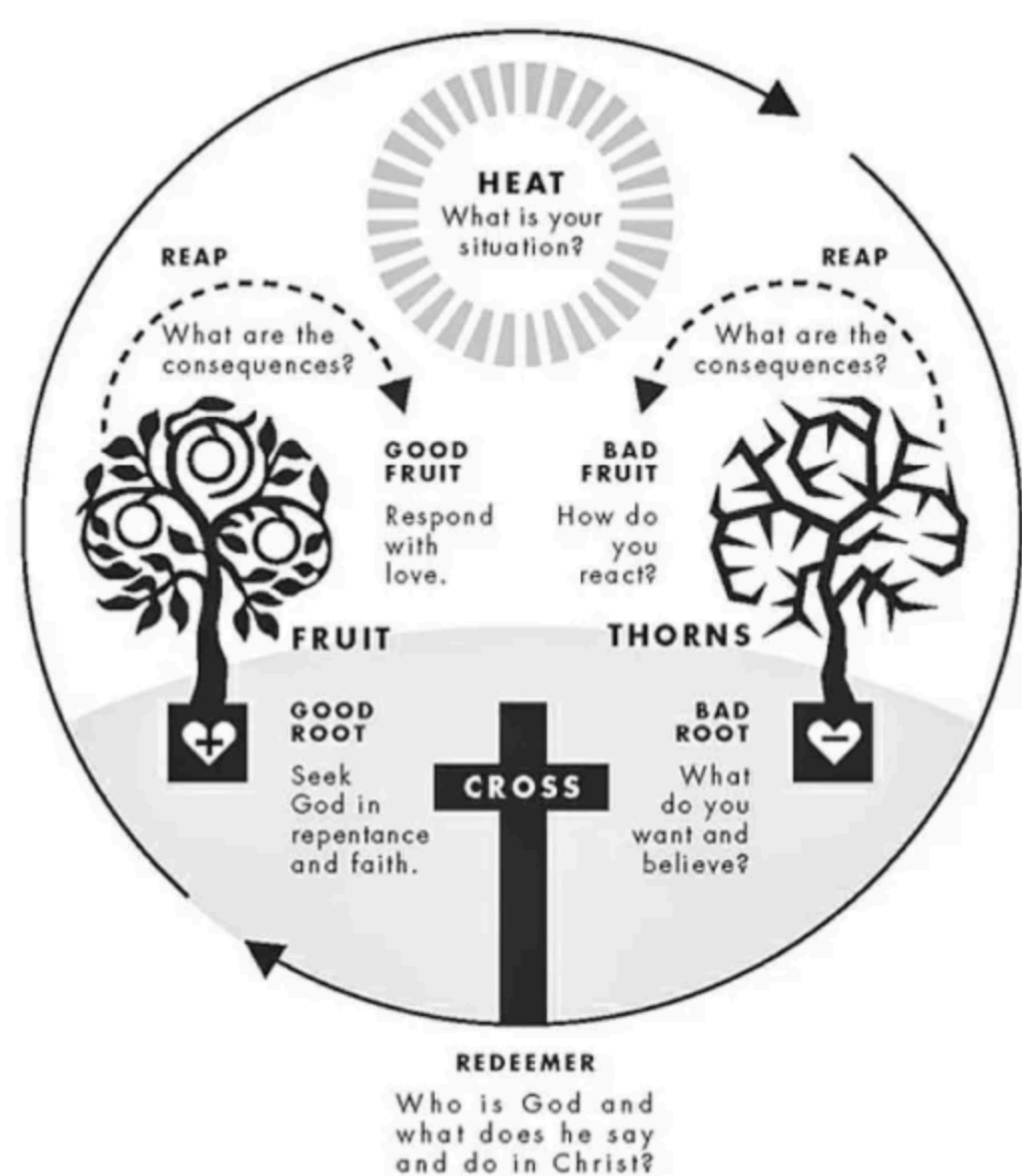
**Thorns: How do you react sinfully?**



**Cross: Who is God and what has He said and done in Christ?**

# Fruit: How do you respond in repentance and faith?

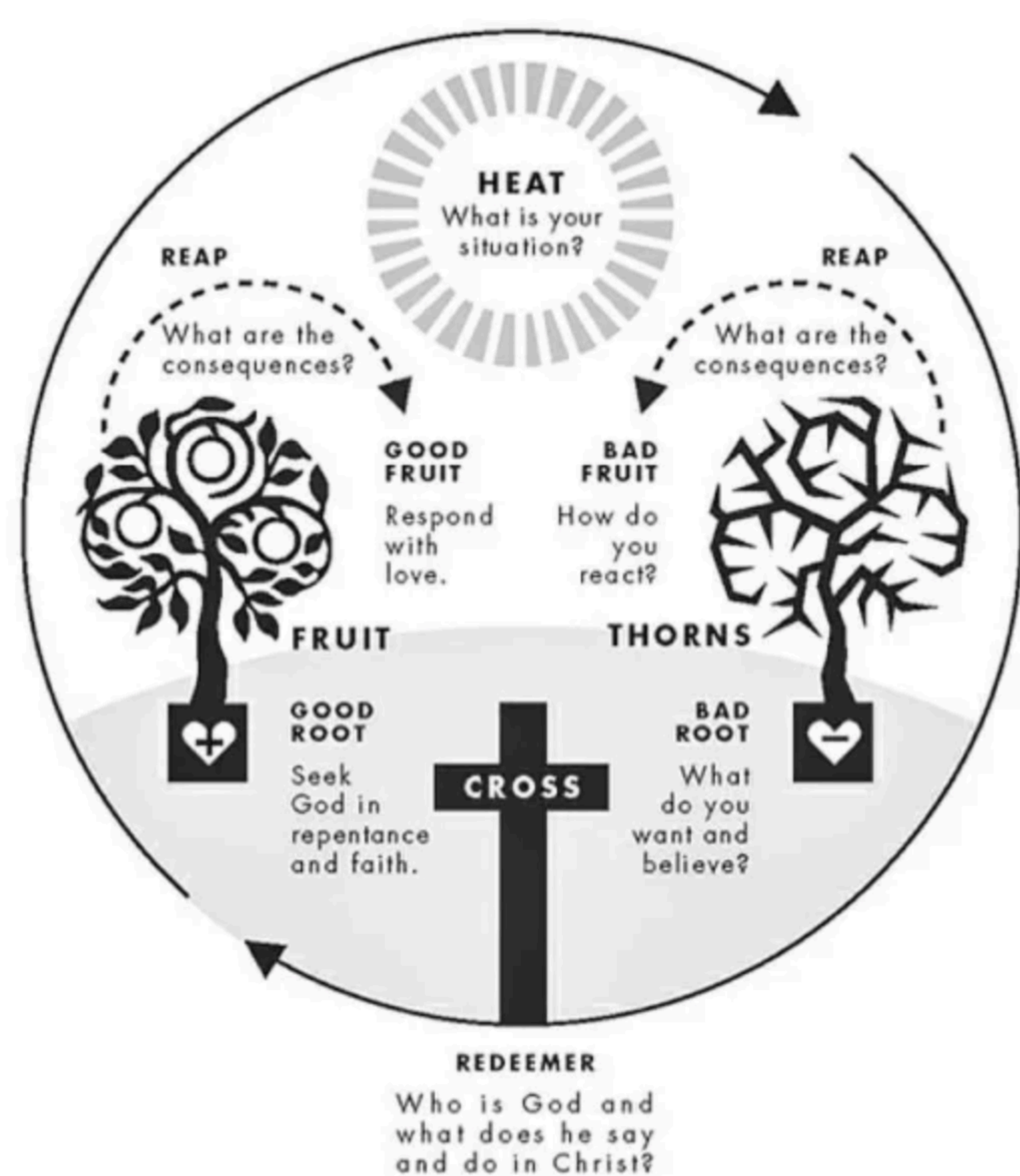




Example:  
**2 Cor 1:8-10**

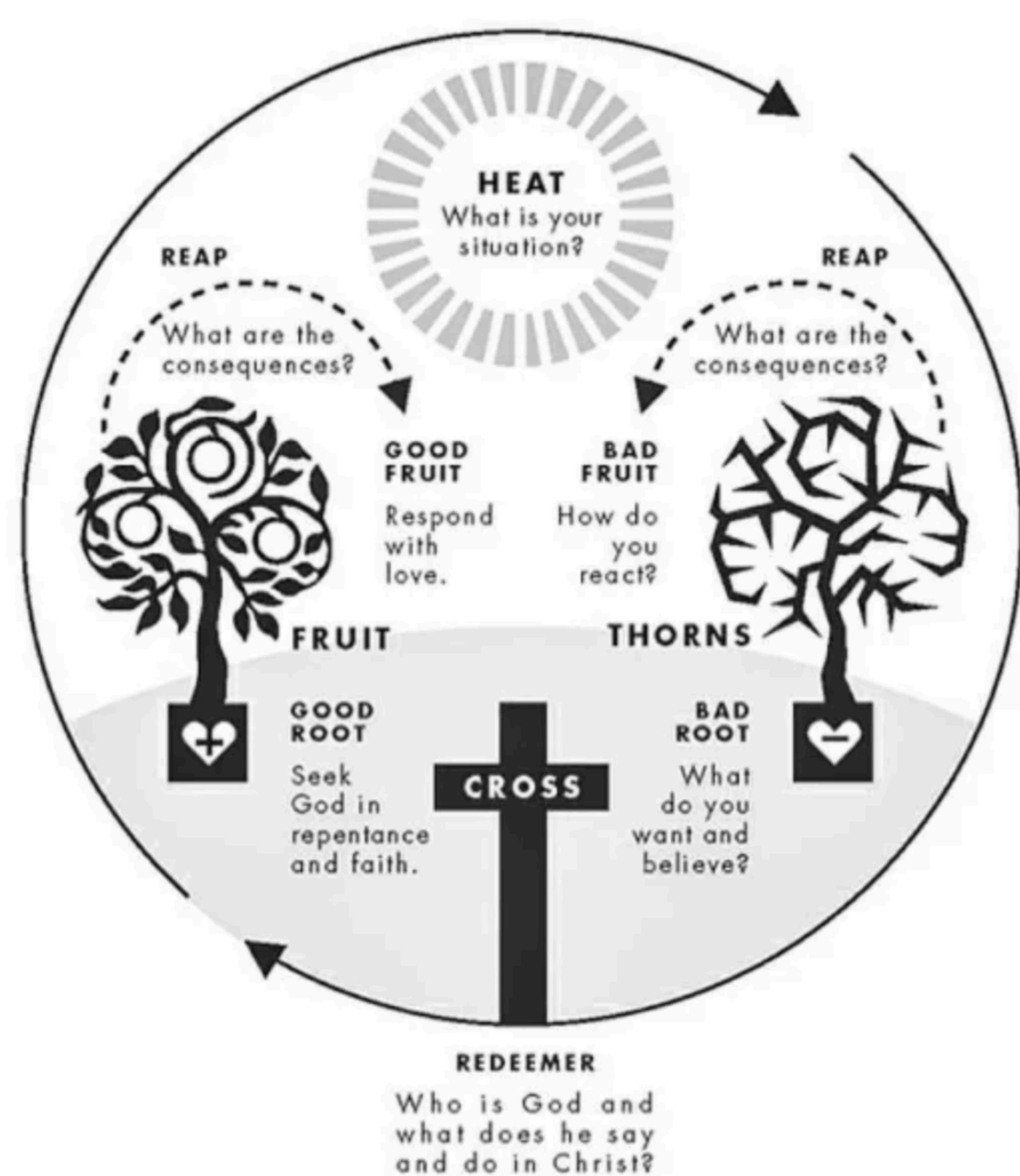
# 2 Cor 1:8-10

- Heat:



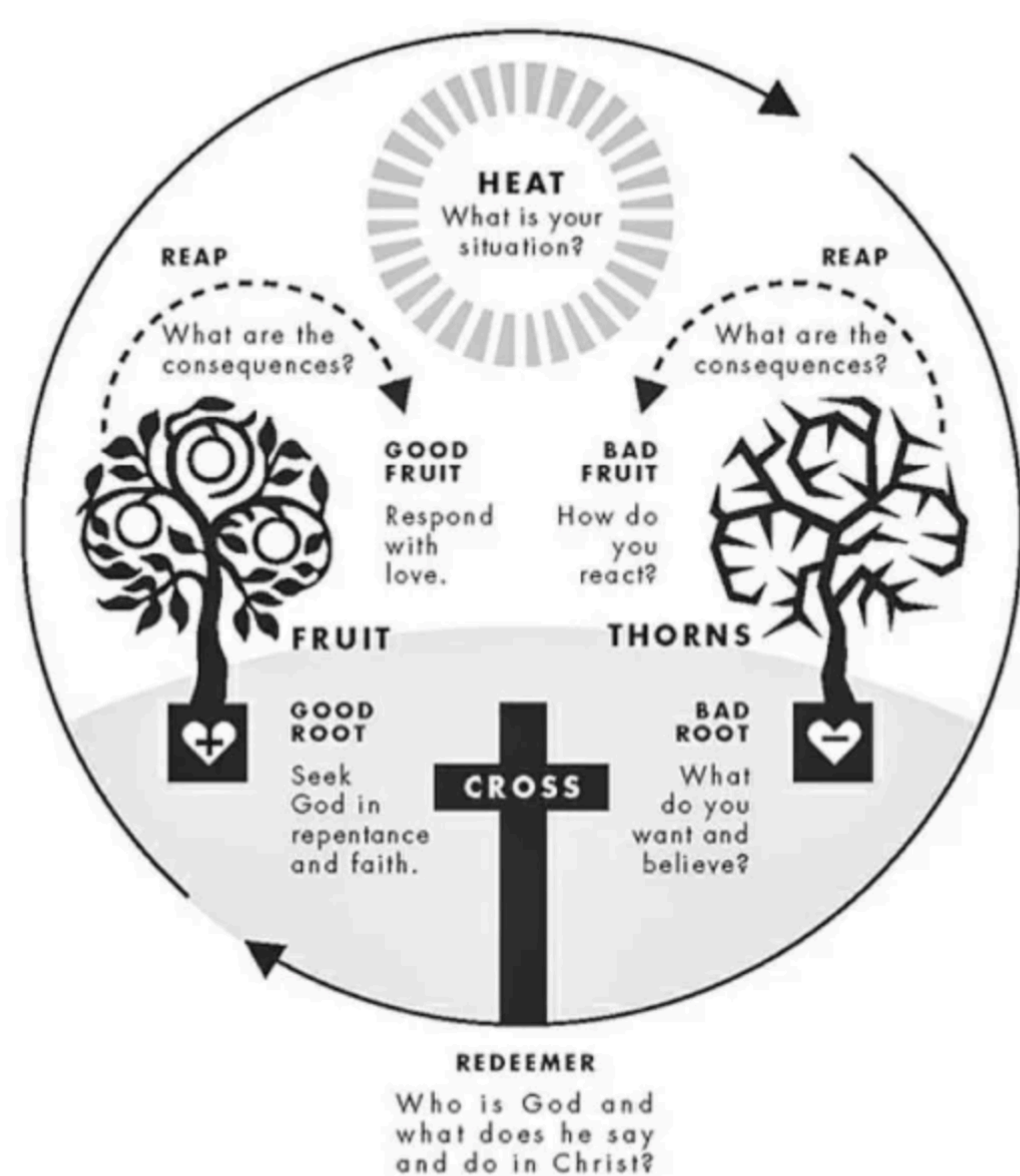
# 2 Cor 1:8-10

- Thorns:



# 2 Cor 1:8-10

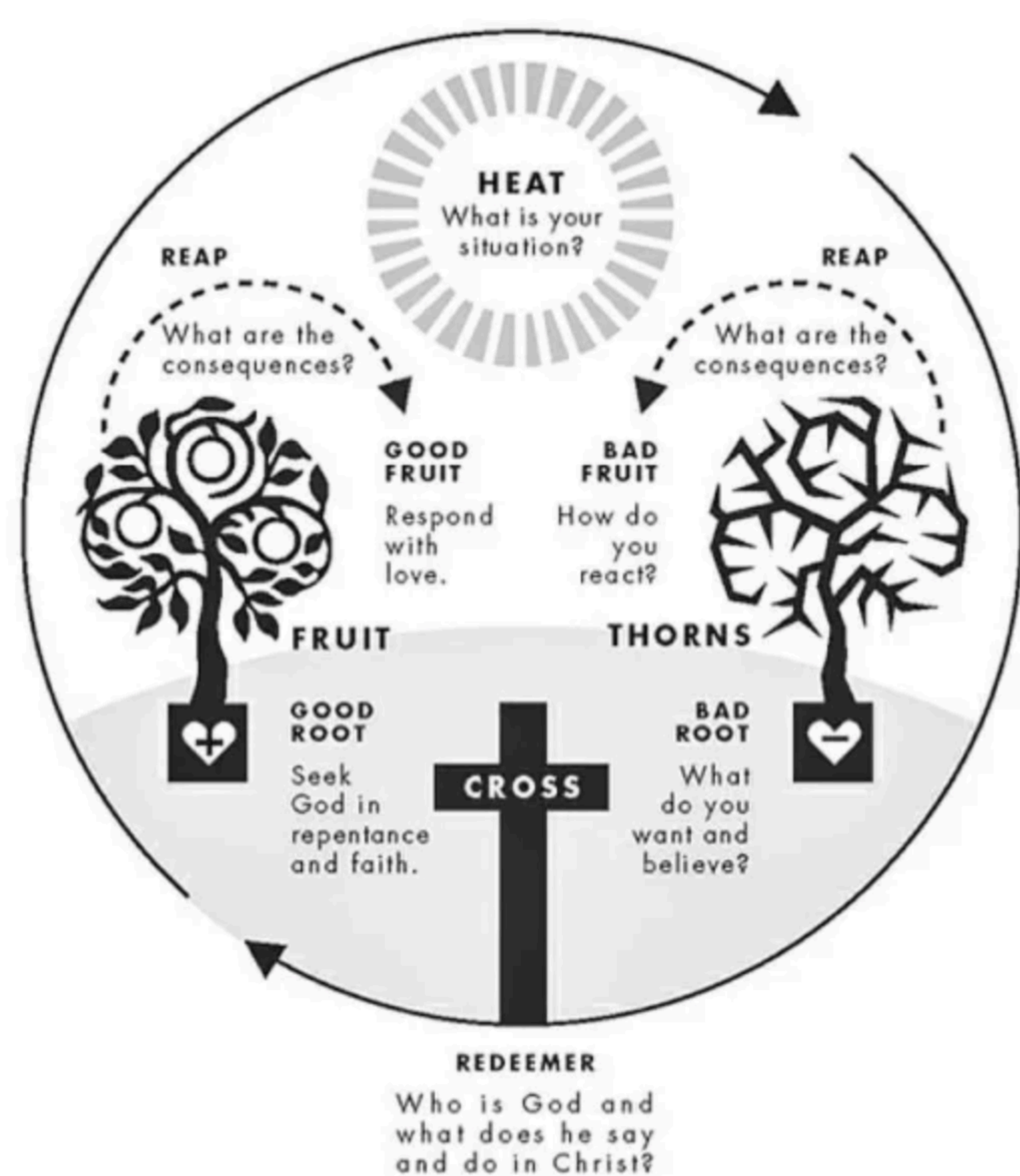
- Cross:





# 2 Cor 1:8-10

- Fruit:



A low-angle photograph of a Joshua tree in a desert landscape. The sun is shining brightly through the branches of the tree in the upper center, creating a lens flare effect. The sky is a clear, vibrant blue. In the foreground, the spiky, green and brown leaves of the Joshua tree are visible. The background shows a vast desert landscape with several other Joshua trees and low mountains under a clear sky.

## 2. Heat

What is your situation?

A low-angle photograph of a Joshua tree in a desert landscape. The tree's thick, textured trunk is on the right, and its spiky branches reach towards the top of the frame. The sun is shining brightly through the branches, creating a lens flare effect. The sky is a clear, vibrant blue. In the background, a desert valley with other Joshua trees and low mountains is visible under a clear sky.

# Expectations



# Expectations

- Fallen World
- Sinful People
- Sinful Heart

Beloved, ***do not be surprised*** at the fiery trial when it comes upon you to test you, ***as though something strange*** were happening to you.

**1 Peter 4:12**

And you shall remember the whole way that the Lord your God has led you these forty years in the wilderness, that he might ***humble you***, testing you ***to know what was in your heart***, whether you would keep his commandments or not.

**Deuteronomy 8:2**



# Types of Heat (Deut 8)

- Trials: 3-5
- Blessing:  
6-17

A low-angle photograph of a desert landscape. In the foreground, a large Joshua tree trunk is on the right, and a spiky green and yellow plant is on the left. The sun is shining brightly in the upper center, creating a lens flare. The background shows a vast desert with many Joshua trees and low mountains under a clear blue sky.

Heat

What gets at you the most?



### 3. Thorns

How do you respond  
(sinfully)?



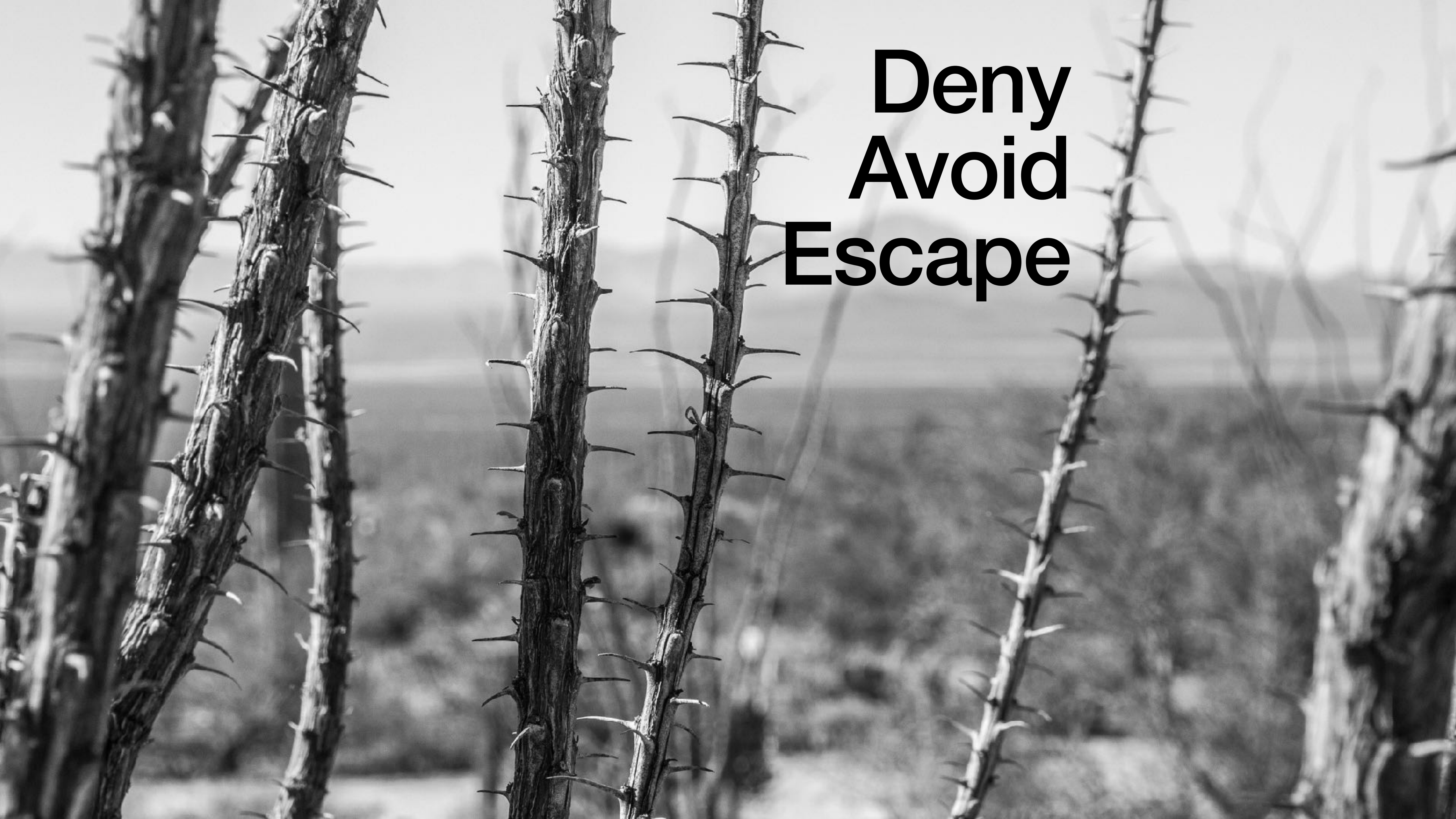


# Sinful Reactions

- Anger
- Depression
- Manipulation
- Lying
- Escape
- Defensive
- Selfish

# Thorn Bush Responses





**Deny  
Avoid  
Escape**



**Magnify  
Expand  
Catastrophize**



# **Become Prickly & Hypersensitive**

A close-up photograph of a thorny branch, likely from a rose, against a blurred blue background. The branch is dark brown and covered in sharp, pointed thorns. The lighting is soft, highlighting the texture of the bark and the sharpness of the thorns. The background is a soft, out-of-focus blue, suggesting a clear sky or a distant horizon.

**Return Evil for Evil**



**Give Up  
Paralyzed**



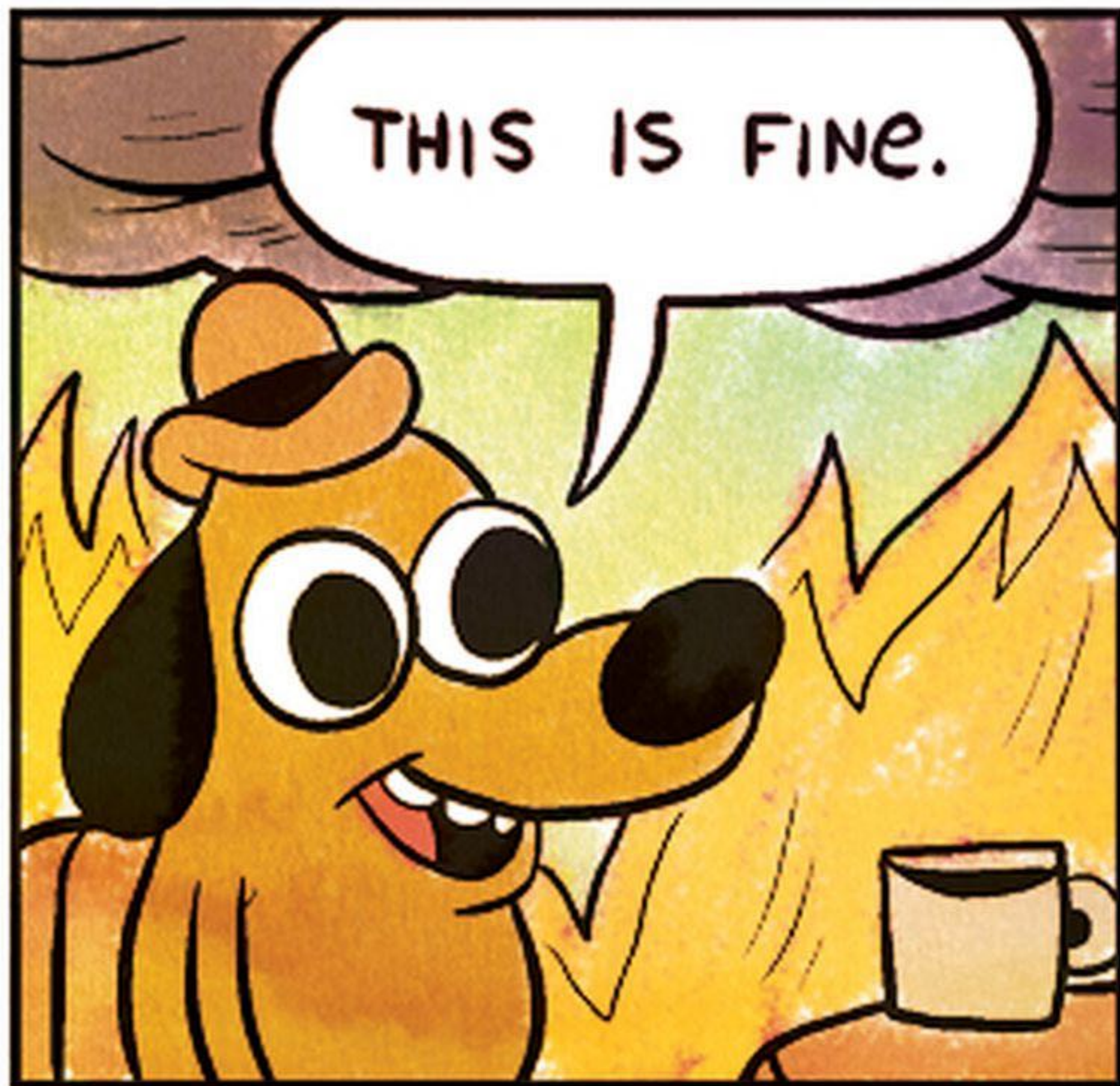


**Self-Excusing  
Self-Righteousness**

Smiley

# Fruit Tree Responses







# Face Reality



**Respond with  
Appropriate Intensity**

Be Alert



“I am so thankful for this experience! I thought I knew God, but now I really know him. I thought I knew myself, but I realize I really didn't. I thought I trusted God's promises, but the things God took away from me were what I really trusted. I hope I do not have to go through this kind of thing again, but if I do, I know it will be for a purpose. I was asleep and God awakened me into action. I'm living with a purpose I did not have before.”

**How People Change**





**Engage in  
Constructive  
Activity**

Remember



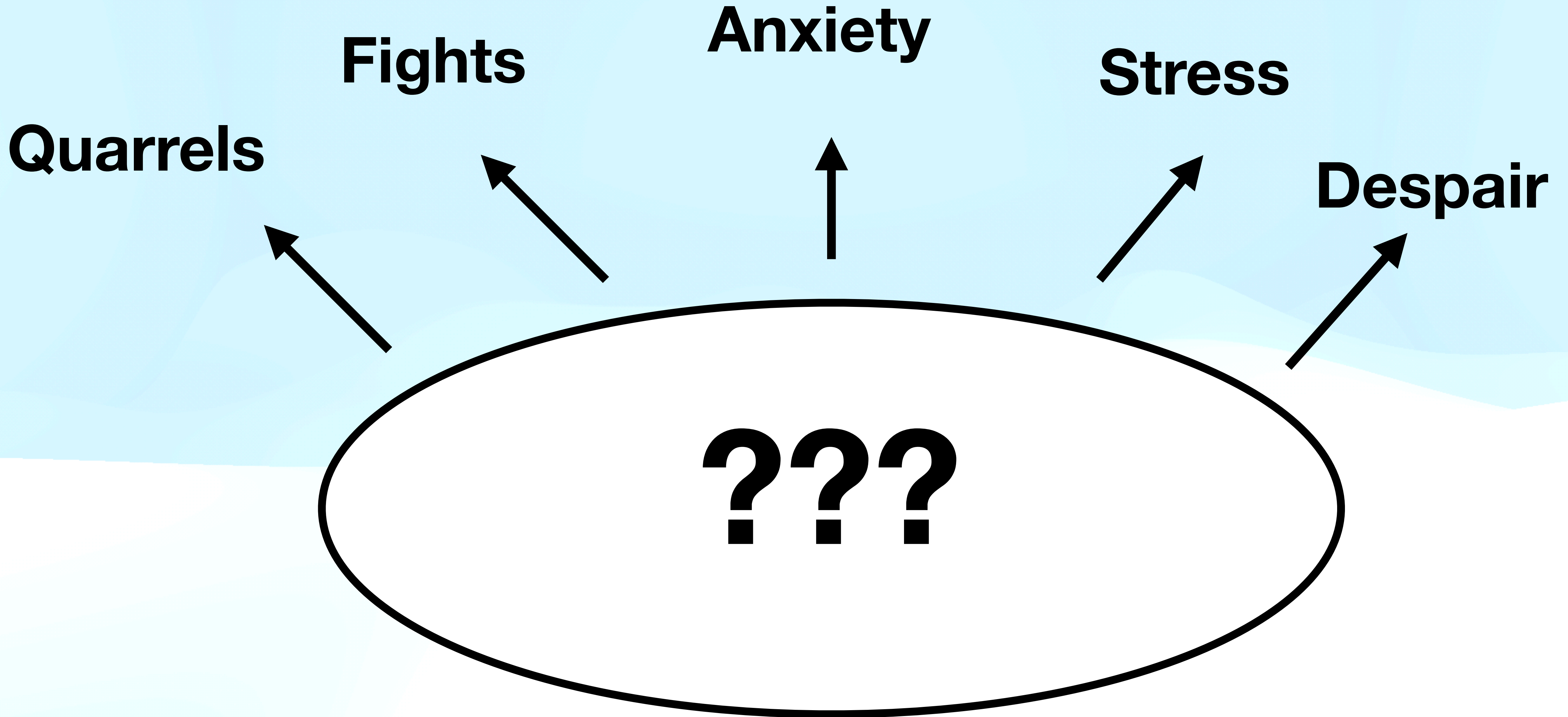
A red heart is centered on a yellow background. The heart has a white outline and is filled with a solid red color. The text "Why do we respond the way we do?" is written in white, bold, sans-serif font across the center of the heart. The yellow background has a slightly textured, fibrous appearance.

**Why do we  
respond the way  
we do?**

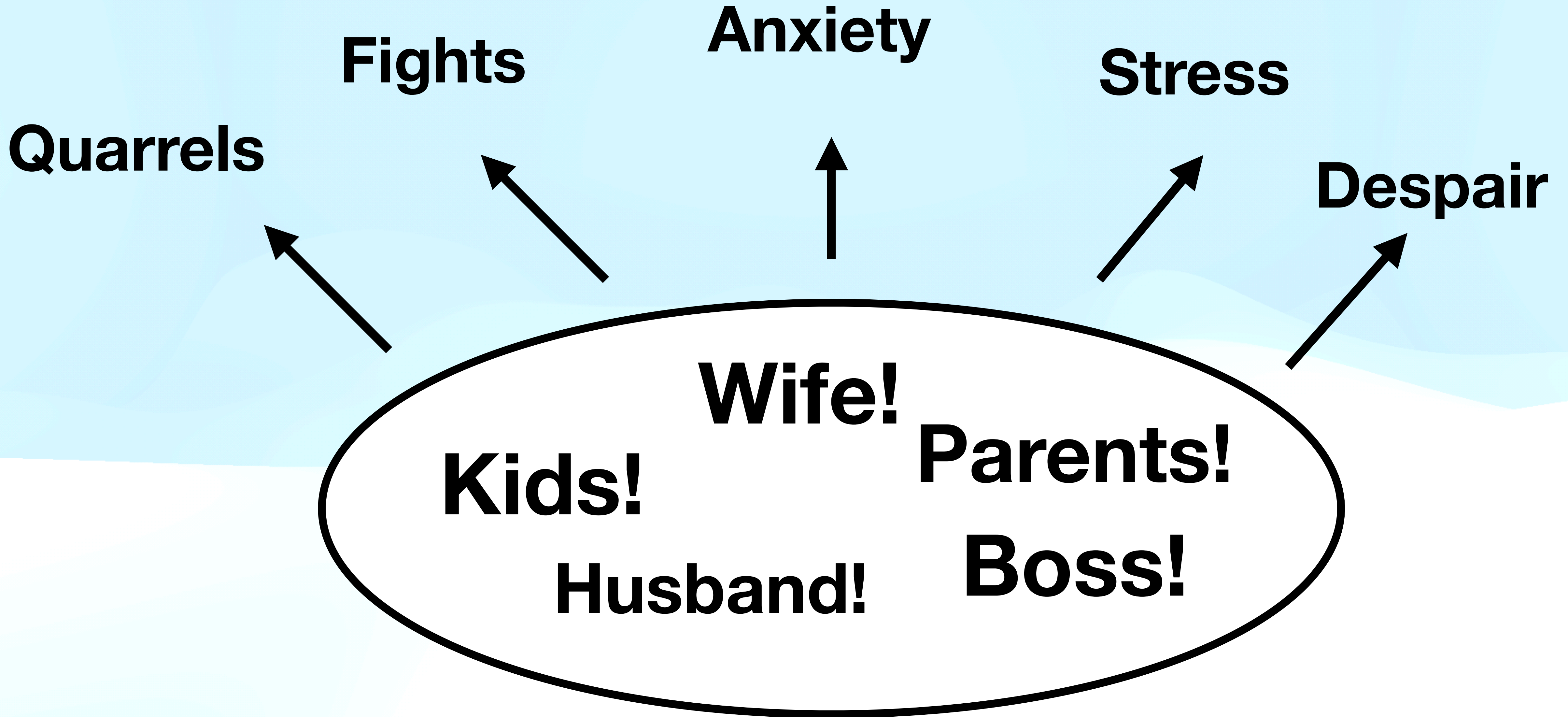


“What causes quarrels and what causes fights among you?”

**James 4:1a**



**James 4:1a**



**James 4:1a**



# Common Misdiagnoses



# FAMILY FEUD

1

5

2

6

3

7

4

# FAMILY FEUD

Other People

5

2

6

3

7

4

# FAMILY FEUD

Other People

5

Upbringing

6

3

7

4

# FAMILY FEUD

Other People

5

Upbringing

6

Bad Day

7

4

# FAMILY FEUD

Other People

5

Upbringing

6

Bad Day

7

My Body

# FAMILY FEUD

Other People

The Devil

Upbringing

6

Bad Day

7

My Body

# FAMILY FEUD

Other People

The Devil

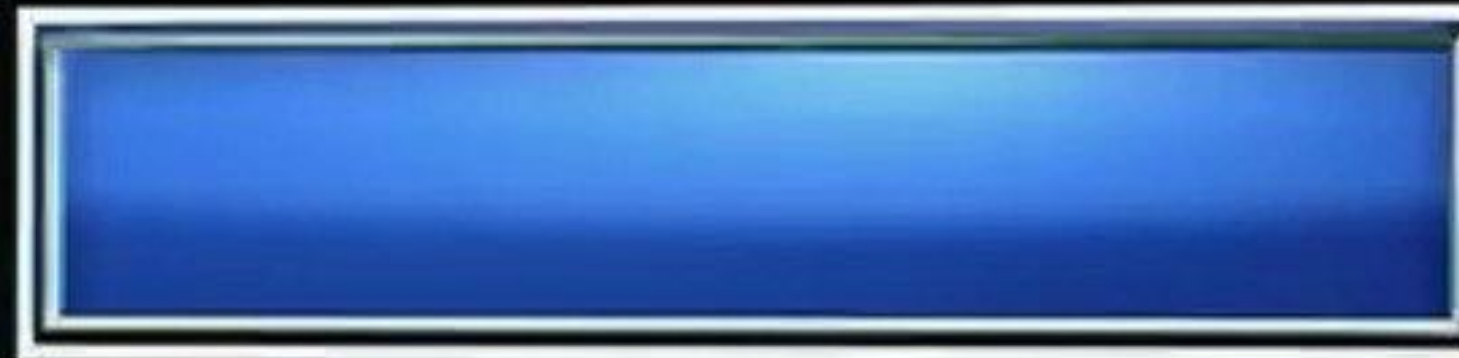
Upbringing

God

Bad Day

7

My Body



# FAMILY FEUD

Other People

The Devil

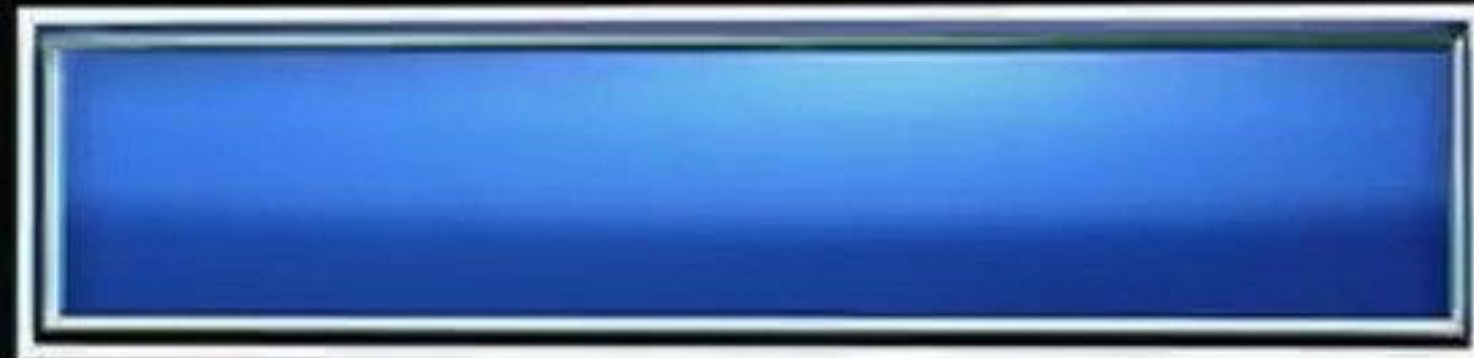
Upbringing

God

Bad Day

Suffering

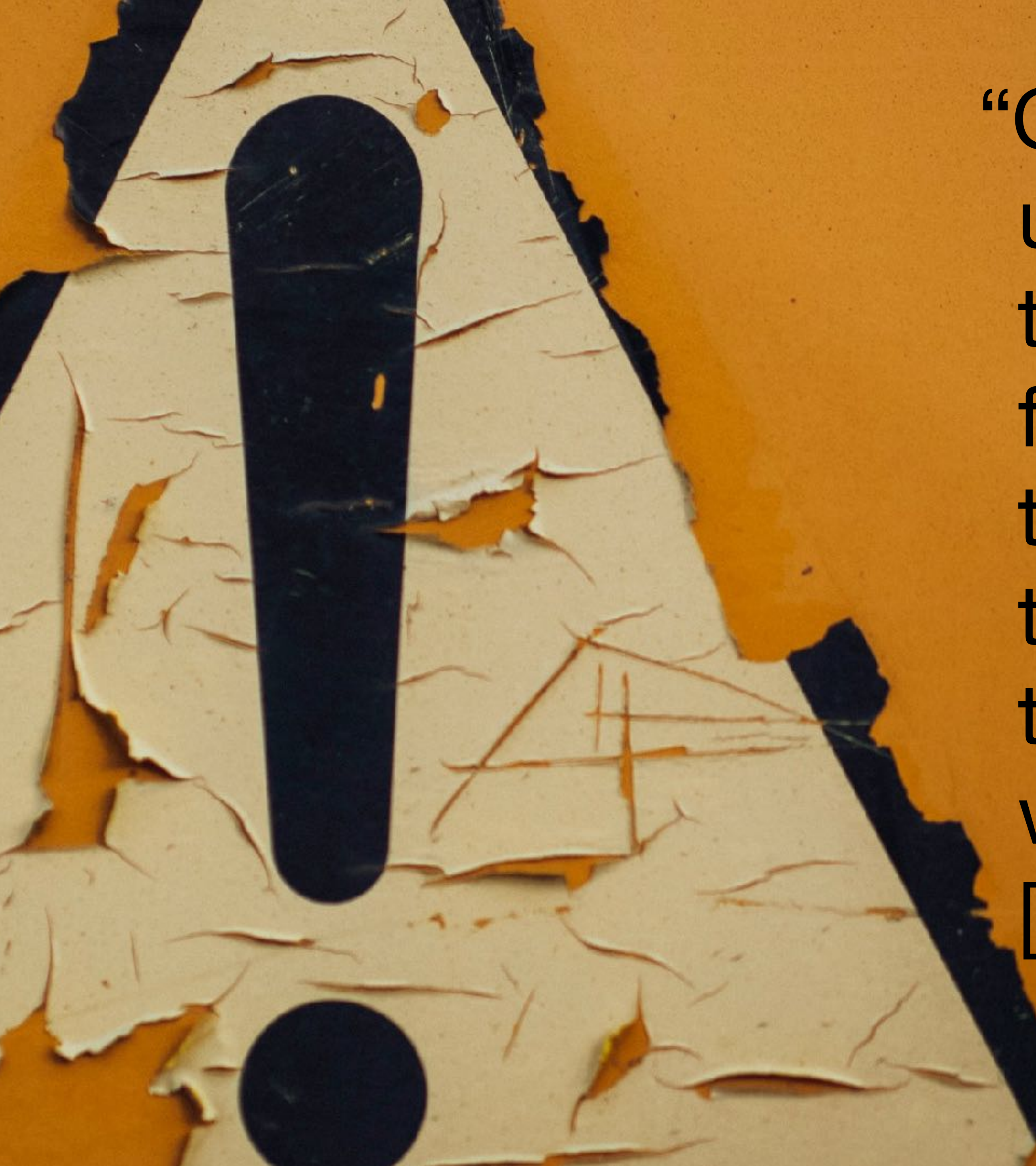
My Body






**Suffering**



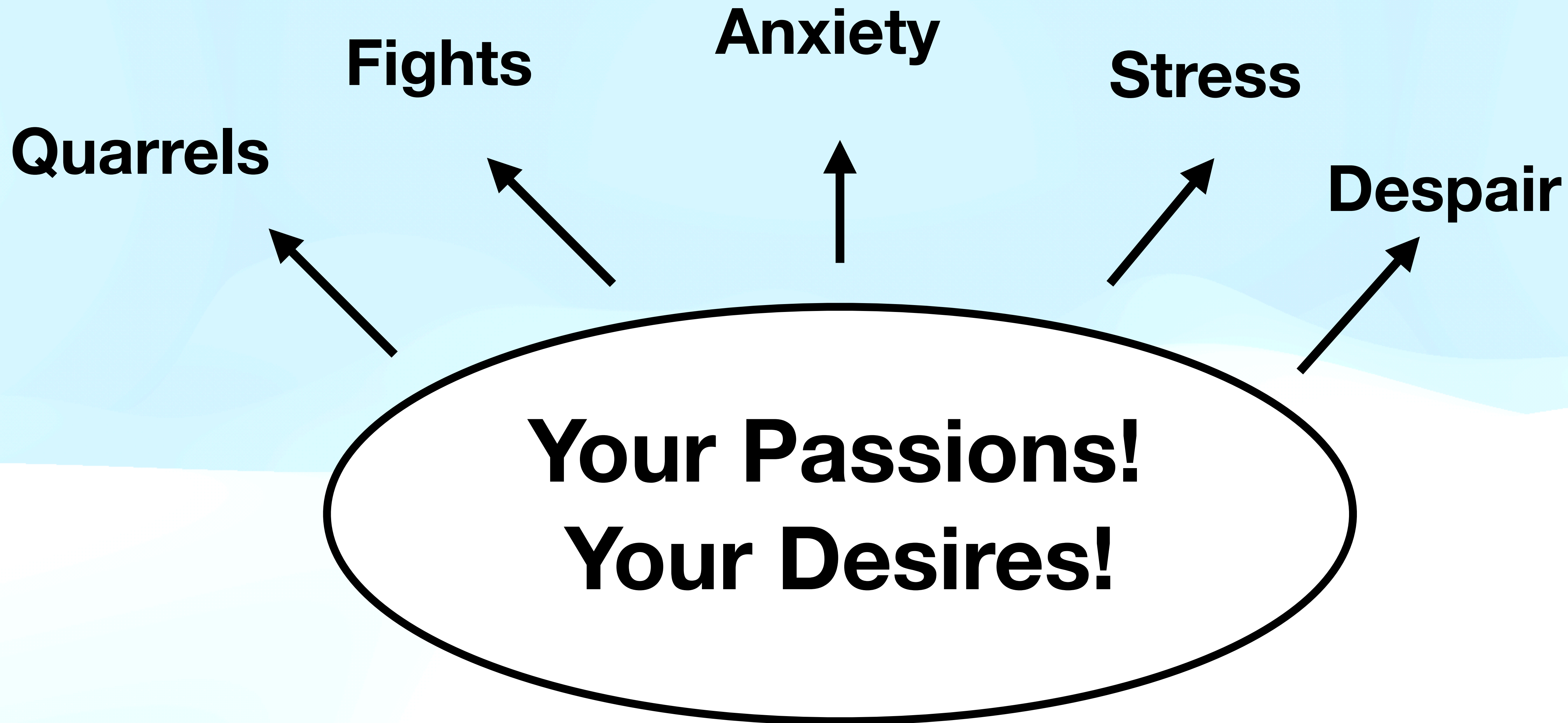
A piece of white paper is torn and layered over a textured orange background. A black vertical strip is attached to the white paper, and a black circle is visible at the bottom left. The text is overlaid on the orange background.

“Christianity does not want us to reduce by one atom the [righteous] hatred we feel for cruelty and treachery. We ought to hate them... But it does want us to hate them in the same way in which we hate [sinful] things in ourselves.”

**C.S. Lewis**

The image features a textured orange background. On the left side, there is a piece of white paper that has been torn and layered. A black vertical strip is attached to the white paper, and a black circle is visible at the bottom left. The text is positioned on the right side of the image.

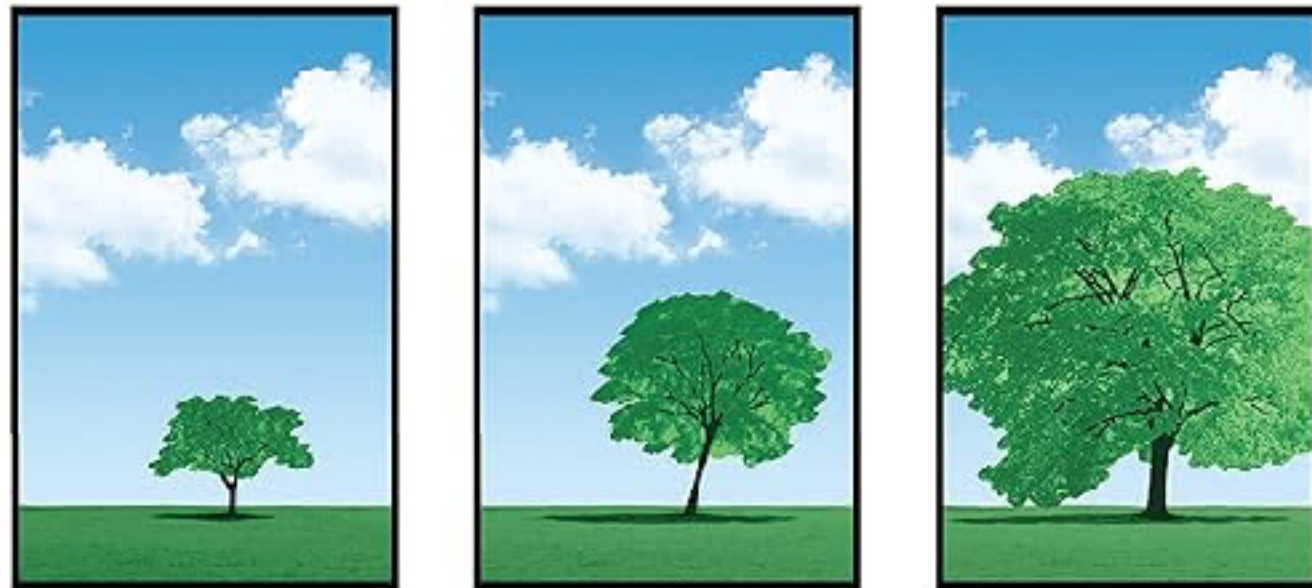
# **Christ's Example in 1 Peter 2**



**James 4:1a**



# how people change



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